



Pob lwc Cymru!



Tim Cymru 22  
Team Wales 22

1

# C'mon Cymru!

Team Wales is playing in the World Cup Football Tournament! How about organising some activities in your Cymraeg for Kids Groups, Clwb Cwtsh, Cylch Ti a Fi, Cylch Meithrin, Day Nursery or after school Club to celebrate?

Team Wales  
- *Tim Cymru*  
World Cup  
- *Cwpan y Byd*



2

Dewin and Doti want to play football for Wales, but Dewin doesn't have a football kit, and Doti doesn't have a ball 😞! Why not design a football kit for Dewin and a ball for Doti?

- Ask the children to design/decorate/ paint a football kit by either:

Football  
- *pêl-droed*  
football kit -  
*cit pêl-droed*

- Asking children to draw a picture of Dewin in a football kit

- Provide small wooden mannequins onto which children can glue fabric

- Design a football kit on a t-shirt using fabric paints

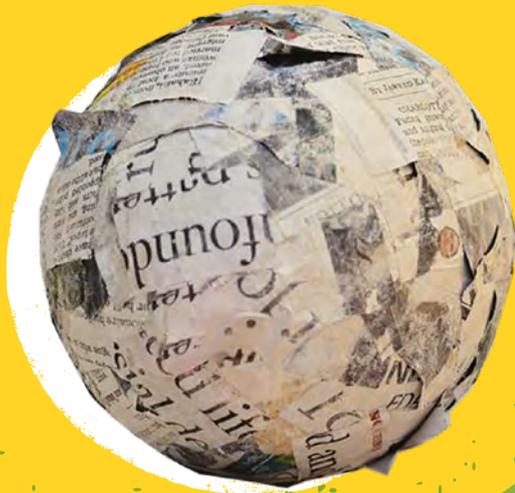
- Create a large outline of a child on a big sheet of paper and get everybody to work together to make a collage



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Why not make a ball for Doti, e.g. out of play dough, or by rolling old newspapers tightly and painting them, or using papier mache? Can the children throw their balls into a box/ circle on the floor, or score a goal? Can they pass the ball on the floor to their friend?



throw - *taflu*  
goal - *gôl*  
pass the ball - *pasio'r bêl*



# Dewin a Doti

Football game - *gêm bêl-droed*

4

Did you know that the Dewin and Doti app contains a story about a football game? Look for the Dewin and Doti app to find the story, or a copy of the book '**Dewin a Doti'n Helpu yn y Gêm Fawr**' is available in the 'Pob Lwc Cymru!' pack recently sent out to Mudiad Meithrin members or scan this qr code to see and hear Siani Sionc reading the story.



5

Why not hold a **Wear Red Day** on November 16th and have a **Dis-Goch (Red Disco)** as part of the **Mudiad Meithrin Dawnsathon (Danceathon)** 14-18 November to raise money for the Cylch/Nursery?



red - coch  
wear red day  
- diwrnod  
gwisgo coch



6

Why not create a short video of the children singing Siani Sionc's song **Pob Lwc Cymru!** (Good Luck Wales) and post it on social media using the hashtag **#TeamWales22** and **@mudiadmeithrin**



<https://meithrin.cymru/pel-droed/>



**#PobLwcCymru**

**#Dawnsathon**

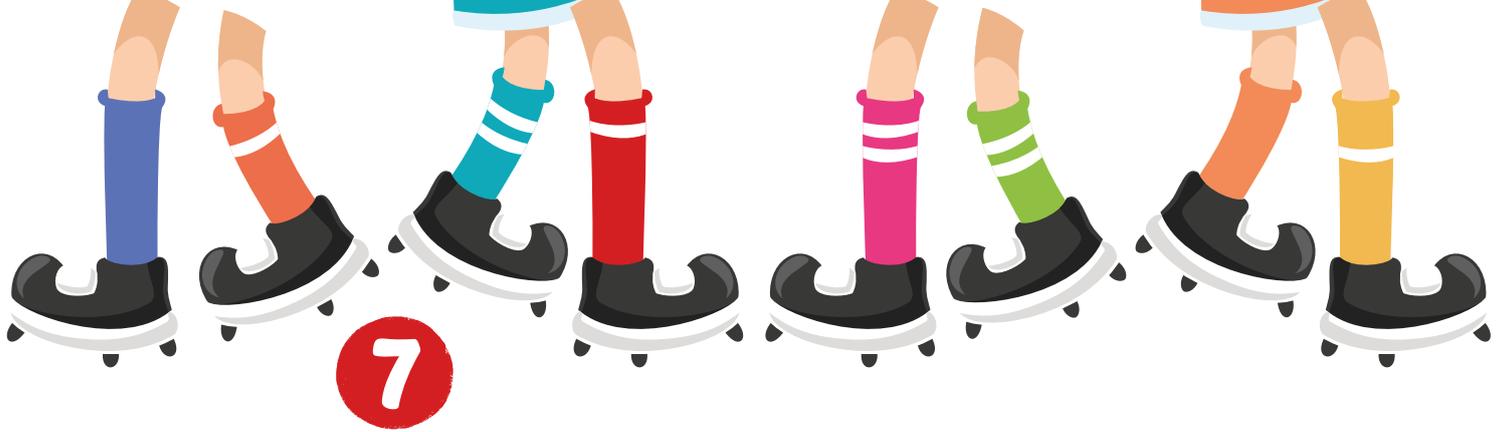
**#YmaOHyd**

**#WalGoch**

Good Luck  
Wales!  
- **Pob lwc  
Cymru!**



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Team Wales 22



# Pairing football socks

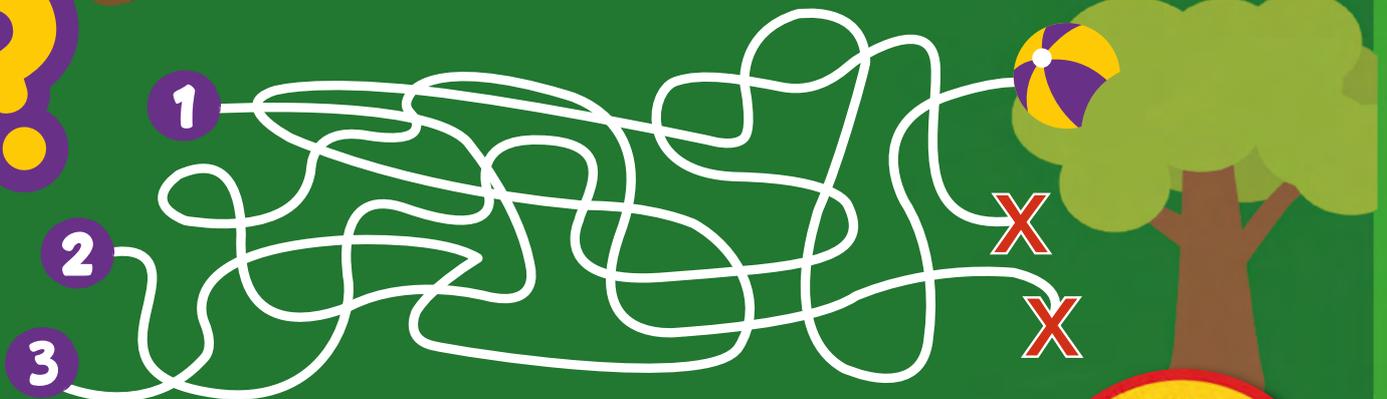
Mix different pairs of football socks (ask the children's families for old pairs) and ask the children to find pairs. Discuss the colours, patterns

and size of the socks. Make a chart of different coloured socks – which colour socks are the most popular?



# 8 'Dryswch Doti' / Doti's Puzzle

Oh dear, Doti has lost her ball! ... Which thread leads to Doti's ball?



9

Ask a footballer from your local football team to come in and discuss what football means to them, as well as showing them a few simple moves with a football. Remember that women play in football teams too!

football boots - *esgidiau pêl-droed*  
football team - *tîm pêl-droed*



## 10 Passing the 'kind ball'

Why not make a ball out of old newspaper and decorate it. Then, everyone sits in a circle on the floor and plays a game passing the ball (similar to passing the parcel)

and when the music stops, the child holding the ball will say something kind about the child who just passed him/her the ball, until every child has had an opportunity to say something nice to everyone. Discuss how it felt to say something kind, and how it felt to hear someone say something kind about them.

passing - *pasio*  
circle - *cylch*  
kind - *caredig*



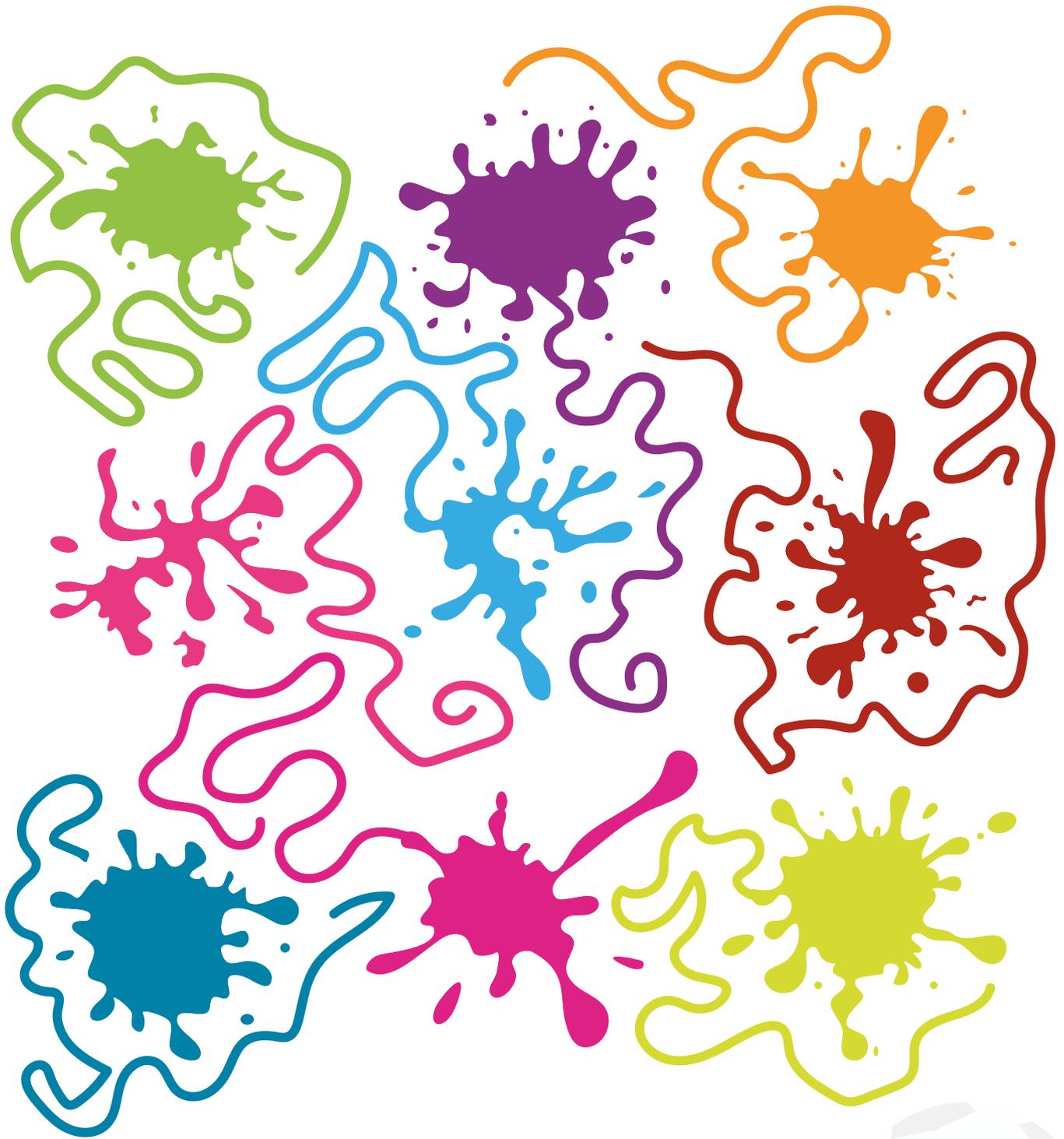
# 11 Comparing balls

Gather together balls of different sizes and shapes, e.g. tennis balls, rugby balls, ping pong balls, golf balls, cricket balls etc. Which is the largest, smallest, heaviest, lightest, which are filled with air, which can you put on a table and blow (e.g. ping pong ball, beach ball). Which one is your favourite ball, and why?



largest - *mwyaf*  
smallest - *lleiaf*  
beach ball - *pêl-draeth*





roll - rowlio  
different -  
gwahanol  
colours  
- lliwiau

## 12 Printing with balls

Gather up balls of different sizes, put a large piece of paper on the floor and let the children roll balls in paint of different colours and then roll them over the paper. Compare the different patterns made by the different balls. Did some balls roll further than others, were some larger than others, were some heavier/lighter than others? Which one was their favourite ball, and why?



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... and of course  
– what about  
playing a game  
of football  
outdoors?

# Canllaw Ti a Fi →

Remember also that  
there are activities  
on this theme in  
the Canllaw Ti a Fi  
Guidelines.

football game  
- *gêm bêl-droed*  
to go to - *mynd i'r*  
to kick - *cicio*  
shapes - *siapiau*  
(play)dough  
- *toes*

There's a lovely resource which  
features a song in Farsi – the  
language spoken in Iran who  
are in the same group as Team  
Wales on our website – scan  
this qr code to see it.

<https://meithrin.cymru/pel-droed/>



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Team Wales 22



**mudiad  
meithrin**  
arbenigwyr y blynyddoedd cynnar  
Welsh early years specialists

[www.meithrin.cymru](http://www.meithrin.cymru)

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**Mynd i'r Gêm Bêl-Droed**

**GAIRY DYDD**  
Ennil (en-nee-ll) – meaning To win

**Awgrym am stori:**  
**Pêl Siencyn**

**Caneuon addas:**  
**Mr Hapus Ydw i, Un bys, dau fys**

**Gweithgaredd 'Symud':**  
**Cicio peli**

**Gweithgaredd 'Miri Mawr':**  
**Gwneud siapiau pêl-droed efo toes**

**Amser snac:**  
**Orennau**

**Ymwelydd i'r cylch:**  
**Rhywun sy'n chwarae pêl-droed**

**Neges gan Doti:**  
"Mae cadw'n heini drwy chwaraeon yn bwysig i gadw'n iach!"

**Pêl-Droed**  
this activity is themed around football. Why not create a football pitch out of an old shoe box, play football outside or indoors with soft balls or create footballs out of dough?

**mudiad meithrin**  
arbenigwyr y blynyddoedd cynnar